



# **PARTICIPATE IN CARDIOVASCULAR RESEARCH STUDY**

**Help advance research in preventing and treating  
cardiovascular diseases.**

## **What is this study about?**

Researchers are exploring the experiences of life goals in patients with cardiovascular diseases before the onset of the disease. Life goals are an important factor in determining the psychological well-being.

## **Why participate?**

- ♥ You will contribute valuable information that will advance cardiovascular disease research.
- ♥ You will be provided with 10 sessions of psychological counselling to address your concerns on pro-bono basis.

## **Who can participate?**

- ♥ One who has undergone treatment for any type of heart ailments/cardiovascular diseases before 6 months.
- ♥ Able to invest 8-10 hours at the researcher's office or online over 3-4weeks.
- ♥ Living in Bengaluru, India.

**Interested / Start now by filling this questionnaire**

<https://forms.gle/hKfZHMizXmsUF1qx6>

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- ♥ If already under psychotherapy or not interested you may avail the free sessions for a close family member or friend.