## Internship at Kyts



The mental health and wellbeing of Indians are greatly under looked. We as a society tend to shrug away from such topics and issues. The result is a spike in secret sufferings and self-harming tendencies. We, at Kyts, have taken a resolve to fight the stigma associated with depression, anxiety, Post Traumatic Stress Disorder (PTSD) and a host of other mental issues. Our empathic resolve is to help everyone heal within a nonjudgemental safe space and lead better lives.

## Health Psychology:

Our recent development is in the area of health psychology and we are focused on promoting health as well as prevent and treat of disease and illness. Research is one of the various efforts that we have taken up Under this area. We are currently working with patients, health practitioners and care givers in hospitals and clinics. Our Internship Programme offers a wide range of opportunities for students and recent graduates to gain insight into the prevention and treatment of diseases/ illness and enrich their knowledge and experience in the area of health psychology, thereby contributing to the advancement of public health.

## Who is eligible for an internship?

Age: You are at least eighteen years of age on the date of application.
Education: You are enrolled or completed in a course of study at a university or equivalent institution leading to a formal qualification (undergraduate, graduate, or postgraduate), in psychology or related field.
Languages: You are fluent at least in one of the working languages of the office of assignment.
Family relation: You are not related to a staff member (e.g., son/daughter, brother/sister, or mother/father).
Nationality: Indian.

**Please note:** Interns do not have the status of staff members and shall not represent the Organization in any official capacity.

Kyts-Empowering you, a mental health organisation, No. 150, 1<sup>st</sup> Floor, Dr. Sivram Karanth Nagar Post, RK Hegdenagar, Bengaluru-560077, www.kytsindia.co, kytscoaching@gmail.com

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Cost of the program: Rs. 5000/- + GST

Duration of the program: 60 hours spread across 3-4 weeks

Current batch: Postgraduates and Undergraduates in psychology or related field.

Preferences: Living in and around RK Hegdenagar



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